

Dear Preschool Parents,

We would greatly appreciate your cooperation in maintaining a healthy, germ-free environment for your children. In order to do this, please review our **Preschool Health Policy**. If your child exhibits any illness-related symptoms, your child will be evaluated by the nurse and you will be called for immediate pick up from school.

General Rules:

1. **Flu-Like Symptoms:**

- Fever
- Vomiting
- Blisters or ulcerations in the mouth
- Persistent coughing
- Nausea
- Diarrhea
- Aches
- Chills
- Rash or blisters on hands, feet or body
- Sore throat
- Overall general malaise
- Persistent runny nose

2. **Runny Noses** - excessive runny nose or nasal discharge consisting of purulent (yellow or green) drainage. Children at this age cannot clean their noses properly. Hands are usually used in place of tissues and the equipment/classroom is usually affected.
3. **Severe coughs, diarrhea, vomiting** - if your child exhibits these symptoms in the morning whether fever is present or not, they should be kept at home.
4. **Fever** - if your child has had a fever greater than 99.9 degrees fahrenheit, they must stay home. Your child must be without fever for a minimum of 24 hours without fever-reducing medicines before returning to school.

Your child must be without fever, rash, diarrhea, and vomiting **for a minimum of 24 hours** without illness or fever-reducing medicines before returning to school.

If your child is prescribed antibiotics, **treatment must be initiated for 24 hours** before returning to school. In some cases, a doctor's note will be required to return to school.

Please keep your child at home when exhibiting any of the above mentioned symptoms. This will help us maintain the healthiest environment for our children, parents and teachers.

Thank you in advance for your cooperation in maintaining the preschool health policy.

Kim Balshi RN, MSN and Keri Judge RN, MSN
Unity School Nurses