

Dear Preschool Parents,

Due to COVID-19 we have altered our previous preschool health care policy to ensure the health and safety of all our faculty, staff and students. We would greatly appreciate your cooperation in maintaining a healthy environment for your children. In order to do this, please review our 2020-2021 **Preschool Health Policy**. If your child exhibits any illness-related symptoms, your child will be evaluated by the nurse and you will be called for immediate pick up from school.

General Rules:

1. **Flu-Like Symptoms:**

- Fever \geq 100 F
- Vomiting
- Blisters or ulcerations in the mouth
- Persistent cough
- Loss of taste or smell
- Nausea
- Diarrhea
- Aches
- Chills
- Rash or blisters on hands, feet or body
- Sore throat
- Overall general malaise or fatigue
- Persistent runny nose

2. **Runny Noses** - excessive runny nose or nasal discharge consisting of purulent (yellow or green) drainage. Children at this age may not clean their noses properly. Hands are usually used in place of tissues and the equipment/classroom can be affected.

3. **Severe coughs, diarrhea, vomiting** - if your child exhibits these symptoms in the morning whether fever is present or not, they should be kept at home for 72 hours.

4. **Fever** - if your child has had a fever greater than 100 degrees fahrenheit, they must stay home. Your child must be without fever for a minimum of 72 hours without fever-reducing medicines before returning to school.

Your child must be without fever, rash, diarrhea, and vomiting **for a minimum of 72 hours** without illness or fever-reducing medicines before returning to school.

If your child is prescribed antibiotics, **treatment must be initiated for 24 hours** before returning to school. In some cases, a doctor's note will be required to return to school.

Please keep your child at home when exhibiting any of the above mentioned symptoms and please report any symptoms to the school nurse. This will help us to maintain the healthiest environment for all of our children, parents and teachers.

Thank you in advance for your cooperation in maintaining the Preschool Health Policy.

Keri Judge RN, MSN and Shelley Albe RN
Unity School Nurses