



# Preschool Winter Enrichment Schedule 2022

Day	Time	Class	Grade	Dates	Instructor	Location	Fee
Monday	3:30-4:30 p.m	Soccer Shots 7 sessions	Preschool Minimum 5	Jan. 17, 24, 31, Feb. 7, 14, 28, Mar. 7	Soccer shots Adam Goldberg	The field in front of the Main Office	\$140
Monday	3:30-4:30 p.m	Art 7 sessions	Preschool Minimum 5	Jan. 17, 24, 31, Feb. 7, 14, 28, Mar. 7	Miss Brenner	Pre-B	\$140
Tuesday	3:30-4:30 p.m	Rhythmic Gymnastics 7 sessions	Preschool Minimum 5	Jan 18, 25, Feb 1, 8, 15, 22, Mar 1	Coach Nattalie & Coach Jimmy	The field in front of the Pre-B	\$175
Wednesday	3:30-4:30 p.m	Bliss Kids Yoga 7 sessions	Preschool Minimum 5	Jan. 19, 26, Feb. 2, 9, 16, 23, Mar. 2	Ms. Darnelle Quinn	Pre A	\$140
Wednesday	3:30-4:30 p.m	Little Chefs 7 sessions	Preschool Minimum 5 Maximum 15	Jan. 19, 26, Feb. 2, 9, 16, 23, Mar. 2	Ms. Nilda Torres	Orientation	\$153
Thursday	3:30-4:30 p.m.	Spanish 7 Sessions	Preschool Minimum 5	Jan 20, 27, Feb. 3, 10, 17, 24, Mar. 3	Ms. Nilda Torres	Orientation	\$140

## Preschool Enrichment Class Descriptions Winter 2022

### [Preschool Soccer Shots](#)

Soccer Shots is the #1 rated children's soccer program. We aim to positively impact every child through the game of soccer. We use character words such as respect, teamwork, and determination to teach kids life skills as they learn their soccer skills. We use an age-appropriate curriculum and have each child learn on their own with their own ball. **Instructor: Adam Goldberg & Danny Villegas**

## Rhythmic Gymnastics

Kids will learn elements of gymnastics, dance, and ballet while also incorporating the use of apparatuses (hoop, ball, ribbons, etc). Kids will improve dexterity, hand-eye coordination, and strength among other physical and mental abilities! Come join the fun!!!! **Instructor: Coach Nattalie & Coach Jimmy**

## Little Chefs (Cooking Class)

Join us for a fun and educational after-school treat! Come and learn to internalize the foundations of Practical Life. The students will seek ways to use their skills and assume broader responsibilities. The preliminary activities that isolate single skills demonstrate children's amazing ability to handle kitchen tools. Preparing and serving snacks (and even meals) is a natural way for children to learn to cooperate and experience community. In addition, Little Chefs will give your child a deeper understanding of what they eat and help them develop healthy eating habits. **Instructor: Ms. Nilda Torres**

## Preschool Art

Young artists will learn about line, shape, and color to create some beautiful self-portraits, landscapes, and splatter paint pieces. Discover patterns and shapes and how they make everything more interesting and fun. Students will also learn about different styles and artists throughout history. All classes will be outdoors. **Instructor: Miss Brenner**

## Bliss Kids Yoga

Fostering cooperation and compassion are the greatest gifts we can give our children. Children will learn how to mindfully move their bodies and then bring themselves back to stillness. There will be songs, story-telling, and art to incorporate the lessons learned. This skill can help them navigate the many emotions and stressors of life. Bliss Kids Yoga will be taught by Darnelle Quinn, an Experienced Yoga Teacher, and Reiki master **Instructor: Ms. Darnelle Quinn**

## Holo Learn Spanish

This is a program that aims to develop the Oral Spanish Language through art, games, and creative activities. Preschool children from 3 to 6 years old are welcome. The program is focused on promoting and developing oral skills, both listening and speaking. From easy-to-read lessons and illustrations to young learners' interest in singing songs and learning rhymes, students are able to get a different approach in the learning of a language. Children will learn specific vocabulary and structures and how to use them through games and fun activities. **Instructor: Mrs. Nilda Torres**

## General Information for Parents:

- If you are planning to bring your child back to campus for enrichment, all children will be dropped off at the west side loading dock and signed in by a Unity School staff member.
- We will strive to make the education of healthy habits a part of the daily instruction including hand washing, sneezing, and coughing etiquette, using hand sanitizer, washing hands, not touching their faces, and conversational distance.
- Preschool students will be picked up from their assigned docks at their dismissal/pick-up time. Our pick-up loading dock for dismissal is located on the west side of the school building. The children will leave the classroom accompanied by their teachers. All Preschool students will be at the loading dock with a staff member in their assigned seating area. All parents must stay in their vehicles at all times. Enrichment dismissal time is 4:30 p.m. for all classes. If you are late picking up your child, a fee of \$5 per minute will be charged to your account.
- All our activities are programmed to be outdoors and indoors.
- If your child were absent from school in the morning, you can not bring your child back for enrichment. The class is non-refundable and non-transferable.