



Dear Parents and Students,

Welcome to the 2023-2024 school year!!

Each day, a freshly prepared lunch is offered in the cafeteria for grades K-8th and in the classroom for Preschool students. Lunch consists of a choice of one entrée meal or a specialty salad. The salad meal is individually packaged by our Food Service staff for easy grab and go. Lunch also includes the appropriate side dishes, fresh vegetable, a selection of fresh fruit, and a beverage. Pizza is every Wednesday. A selection of sandwich meals is also offered. These include a peanut butter, peanut butter and jelly, cheese sandwich, or a veggie burger meal. Throughout the year special event menus will be offered.

The lunch menu is located on the Unity School Website in the Parents section under the lunch tab. The menu can also be found at www.unityschool.nutrislice.com. There is a Nutrislice app that can be downloaded on your phone. Students order lunch for the day every morning upon arrival in their classroom.

Plain water and milk are the only beverages permitted for snack, lunch, or classroom events at Unity School. A choice of one of these beverages is offered with each purchased meal. **Juice, flavored waters, coffee drinks, etc. are NOT permitted to be served at lunch nor brought in from home with bagged lunches, snacks, or for classroom events as per our Wellness Policy.** Those who would like an additional beverage with lunch or those who bring lunch from home can purchase a beverage. Lunch is \$6.25. A super-size meal (an additional sandwich or pizza slice) is also available for an extra \$2.25. A single water or milk is \$0.75. Lunches are billed monthly.

Unity School adheres to a Wellness policy which encourages bag lunches, snacks, and food served for classroom events to be nutritionally balanced and does not permit candy, chocolate items, products with red or blue food dye, and the sharing of food between students. Please familiarize yourself and your family with the policy which can be found on the Unity School website under the Food Service section. <https://unityschool.com/discover-unity/food-service/>

Questions, concerns, and suggestions are always welcome. Please do not hesitate to contact me. Thank you for your continuous support and encouragement.

Sincerely,

Navalee Hylton MS, RDN, LDN, Chef
Director, Food Service
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