

# UNITY SCHOOL ORIENTATION

This list was thoughtfully created by our preschool teachers to help ensure a smooth and successful start to the school year. Over the summer, your child can begin practicing the skills below to build confidence and ease the transition into the classroom.

## Communication & Social Skills

- **Verbally express wants, needs, and feelings** (e.g., “I’m hungry,” “I need help,” “I want to play”).
- Begin to **ask for help** when needed and **respond to simple questions**.

## Toileting Independence

- Be **fully potty trained**, including:
  - Recognizing the need to use the bathroom and communicating it.
  - Pulling down and pulling up pants and underwear independently.
  - Managing toileting routines with minimal assistance, including handwashing.

## Self-Care & Practical Life Skills

- **Open and close their lunch box** and **water bottle** independently.
- **Open common food containers** and packages packed in lunch (practice with yogurt tops, snack bags, or simple containers).
- **Use utensils** (fork and spoon) confidently to eat meals on their own.
- **Dress in manageable clothing** (elastic waistbands are ideal for independent toileting).
- **Put on and take off shoes** with minimal help (Velcro or slip-on styles are best).

## Following Directions & Classroom Readiness

- **Follow two-step directions** (e.g., “Please put your shoes on and bring me your water bottle”).
- Begin to understand and follow **classroom routines** such as waiting their turn, sitting for short group activities, and cleaning up after themselves.

## Rest & Sleep Readiness

- **Sleep independently** during nap time, with minimal support from teachers (bring comfort items if needed such as a small blanket or stuffed animal).
- **Adjust nap schedule** close to the beginning of the school year to align with Unity’s schedule:  
**Nap time: 12:00 – 1:30 p.m.**

## Helpful Tips for Summer Preparation:

- Encourage **daily opportunities for independence** at home (pouring water, helping set the table, dressing).
- **Read together daily**, allowing your child to engage with books, ask questions, and develop a love for language.
- Practice **independent play** and explore simple tasks that promote focus and concentration (puzzles, sorting objects, practical life activities).

Our goal is to help each child feel confident, capable, and ready to thrive in the Orientation classroom. These skills provide a strong foundation for your child’s Montessori journey and foster their natural desire to explore and learn.

# June 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	31
3 Introduce pattern matching. Using snacks or any other objects around the house make a pattern. Have your child match the pattern.	4 Help prepare lunch today which includes pouring your drink of choice into a cup.	5 Count as many snacks or objects around the house as you can.	6 Go on a color scavenger hunt. Today's color is red.	7 Practice cutting a straight line. You can print cutting pages or just draw straight lines on a page.
10 Review pattern matching. If your child is already able to do this have them create their own pattern and repeat the pattern 4 more times.	11 Help clean up after lunch which includes washing any dishes or cups.	12 Using number flashcards provided review identifying numbers to 5, if your child already knows to five review to 10.	13 Go on a color scavenger hunt. Today's color is green.	14 Practice cutting a straight line. You can print cutting pages or just draw straight lines on a page.
17 Continue practicing making your own patterns.	18 Help cut your favorite fruit or veggie today.	19 Using number flashcards spread them around on the floor. Tell your child to run to get number 1, or skip to get number 2, etc.	20 Go on a color scavenger hunt. Today's color is blue.	21 Practice cutting something round, it could be something you draw, a color page, or something you print.
24 continue practicing making your own	25 Help clean windows or mirrors today.	26 using number flashcards spread them around on the floor. Tell your child to run to get number 1, or skip to get number 2, etc.	27 Go on a color scavenger hunt. Today's color is yellow.	28 Practice cutting something round, it could be something you draw, a color page, or something you print.
1	2	3	4	5

# July 2024



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

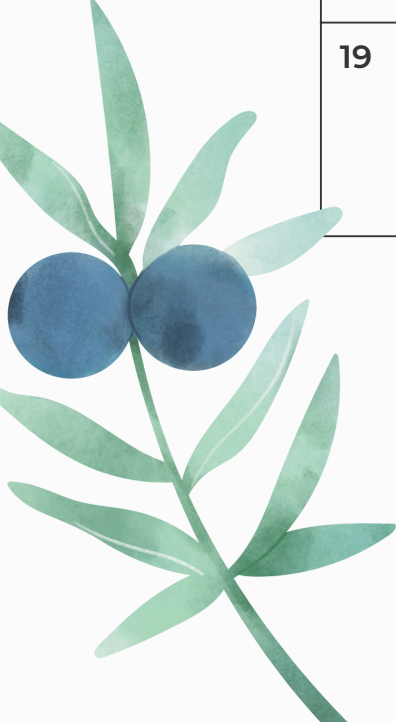
<p>1</p> <p>Today go into the kitchen and explore different objects used to cook or prepare food</p>	<p>2</p> <p>Help hang/put away clothes</p>	<p>3</p> <p>Play hide and seek with the number flashcards. You can hide the flashcards and as your child finds the numbers ask what number it is.</p>	<p>4</p> <p>Find objects that are different sizes and have your child put them in order from smallest to largest.</p>	<p>5</p> <p>Cut apart the letter flash cards. Cover the letter with glue and use glitter or sand to add texture to the letter. Let dry.</p>
<p>8</p> <p>Using the letter flashcards you made introduce the sound for “t” and “m”. Trace the letters and say the sound two times, then have your child do the same three times.</p>	<p>9</p> <p>Help clean up your room</p>	<p>10</p> <p>Practice writing numbers today using the number writing sheet. Only practice a couple.</p>	<p>11</p> <p>Find various objects around the home that have different textures. Have your child close their eyes or put the objects in a bag so your child can’t see them. Have your child feel the different objects and describe their texture.</p>	<p>12</p> <p>Continue making your letter flash cards.</p>
<p>15</p> <p>Repeat the steps to introduce the sound for “t” and “m”. If your child can identify the sound for “t” and “m” introduce “b” and “a”</p>	<p>16</p> <p>Help prepare breakfast</p>	<p>17</p> <p>Continue practicing writing numbers using the number writing sheet.</p>	<p>18</p> <p>Have your child close their eyes and have them smell different items such as lemons or spices. See if they can identify the item.</p>	<p>19</p> <p>Draw a triangle, decorate it, and cut it out.</p>
<p>22</p> <p>Review all sounds introduced. Add “a” if your child is ready.</p>	<p>23</p> <p>Practice pouring water from one container to another</p>	<p>24</p> <p>Try writing numbers all by yourself on a piece of paper.</p>	<p>25</p> <p>Gather different items that make noise. Have your child close their eyes, make noise with an object and have your child describe what they hear and guess what item it is.</p>	<p>26</p> <p>Draw a square, decorate it, and cut it out.</p>
<p>29</p> <p>Go on a letter sound scavenger hunt for objects that begin with “tmbca”.</p>	<p>30</p> <p>Practice scooping beads or any other small object with a spoon.</p>	<p>31</p> <p>Try writing numbers all by yourself on a piece of paper</p>	<p>1</p>	<p>2</p>



# August 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Gather different items for your child to taste. Have them close their eyes and taste one item at a time, describing the texture and taste.	2 Create a bracelet or necklace using beads.
5 Review letter sounds for “tmbca”. If your child has mastered them introduce the sound for “h” and “g” using the flashcards you made.	6 Give your child one of your shirts with buttons and have them practice buttoning and unbuttoning it.	7 Using the number flashcards and items around the house such as beads. Arrange the flashcards in order then have your child put the correct number of beads or objects under each card.	8 Let your child explore art using their senses. They can finger paint or play with slime, etc.	9 Collect leaves off the ground, place them under a piece of paper, and rub a crayon of the leaf to create a leaf rubbing.
12 Review the letter sounds for “tmbca” and “hg”, and introduce the sound for “r” and “f” if your child is ready.	13 Using a clothing item with a zipper have your child practice zipping and unzipping the item.	14 Review numbers using the flashcards.	15 Take a nature walk to explore colors, senses, and textures.	16 Collect items from nature such as leaves, sticks, flower, etc and create a nature collage.
19 School Begins!	20	21	22	23



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