

UNITY SCHOOL TODDLER

This list was thoughtfully created by our toddler teachers to help ensure a smooth and successful start to the school year. Over the summer, your child can begin practicing the skills below to build confidence and ease the transition into the classroom.

Self-Care & Independence

- Pulling pants up and down independently (important for potty training)
- Washing hands properly
- Drying hands thoroughly
- Using a spoon to eat independently
- Drinking from an open cup without a lid
- Attempting to dress with simple clothing (Velcro, elastic waistbands)
- Wiping nose with a tissue
- Covering mouth when sneezing/coughing
- Asking for help when needed

Grace & Courtesy (Social Skills)

- Greeting others with "Hello" and "Goodbye"
- Saying "Please" and "Thank you."
- Waiting their turn and standing in line briefly
- Using "Excuse me" to get attention
- Practicing indoor voices
- Using walking feet indoors

Fine & Gross Motor Skills

- Practicing basic puzzles
- Holding and turning book pages, one at a time
- Stacking blocks or simple shape-sorting activities
- Practicing simple movements like jumping and climbing stairs with assistance.

Language Development

- Identifying everyday objects and naming them
- Engaging in conversations with adults and peers
- Listening to simple directions and following through

Practical Life Skills

- Helping to clean up toys after playing
- Carrying small objects with both hands carefully
- Attempting to pour snacks into a bowl

Suggestions for Parents

- Read books together daily, asking simple questions about pictures
- Encourage pretend play with dolls, toy food, or simple kitchen tasks
- Provide opportunities for outdoor exploration, such as looking for animals or touching different textures (grass, sand, water)
- Play simple matching and sorting games at home
- Give opportunities for their child to do things independently before stepping in to help.

June 2024

IF YOUR CHILD ENJOYS A TASK, LET THEM REPEAT
IT AS MANY TIMES AS THEY WOULD LIKE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	31
3 Take a walk around the house and see what shapes you can find, talk about the shapes and their name.	4 Help prepare lunch today which includes pouring your drink of choice into a cup.	5 Pick out your own clothes day.	6 Go on a color scavenger hunt. Today's color is red.	7 Try putting on your own socks today.
10 Try putting on your own shirt day.	11 Help clean up after lunch which includes washing any dishes or cups.	12 Practice taking off your own shirt.	13 Go on a color scavenger hunt. Today's color is green.	14 Try putting on your own bottoms day.
17 Try taking off your own bottoms.	18 Help cut your favorite fruit or veggie today using toddler friendly tools.	19 Help wash a dish today	20 Go on a color scavenger hunt. Today's color is blue.	21 Try putting on your own shoes.
24 Practice taking off your own shoes	25 Help clean windows or mirrors today.	26 Practice taking off your own shirt	27 Go on a color scavenger hunt. Today's color is yellow.	28 Practice putting on your own bottoms today
1	2	3	4	5

July 2024

IF YOUR CHILD ENJOYS A TASK, LET THEM REPEAT
IT AS MANY TIMES AS THEY WOULD LIKE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Today go into the kitchen and explore different objects used to cook or prepare food	2 Help hang/put away clothes	3 Help dust	4 Find objects that are different sizes and have your child put them in order from smallest to largest.	5 Help sweep today
8 Help wash a car or any other object that requires washing	9 Help clean up your room	10 Help water plants in the yard.	11 Find various objects around the home that have different textures. Have your child close their eyes or put the objects in a bag so your child can't see them. Have your child feel the different objects and describe their texture.	12 Pick out your own clothes and dress yourself
15 Help wash fruits or vegetables.	16 Help prepare breakfast	17 Practice putting on and taking off your shoes.	18 Have your child close their eyes and have them smell different items such as lemons or spices. See if they can identify the item.	19 Go on a nature walk and see how many different color flowers you can find.
22 Practice putting on and taking off your socks	23 Practice pouring water from one container to another	24 Practice retrieving things and bringing them to a friend or parent "Can you please go get me___"	25 Gather different items that make noise. Have your child close their eyes, make noise with an object and have your child describe what they hear and guess what item it is.	26 Draw a picture
29 Color a picture	30 Practice scooping beads or any other small object with a spoon.	31 Help clean up your room	1	2

August 2024

IF YOUR CHILD ENJOYS A TASK, LET THEM REPEAT IT AS MANY TIMES AS THEY WOULD LIKE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Each toy you take out, put away.	2 Help go through your toys to determine what you no longer play with.
5 Listen to a book read by an adult.	6 Give your child one of your shirts with buttons and have them practice buttoning and unbuttoning it.	7 Hide toys around the house and ask your child to find a specific toy.	8 Let your child explore art using their senses. They can finger paint or play with slime, etc.	9 Collect leaves off the ground, place them under a piece of paper, and rub a crayon of the leaf to create a leaf rubbing.
12 Have your child tell you about their day.	13 Using a clothing item with a zipper have your child practice zipping and unzipping the item.	14 Listen to a book read by an adult	15 Take a nature walk to explore colors, senses, and textures.	16 Collect items from nature such as leaves, sticks, flower, etc and create a nature collage.
19 School Begins!	20	21	22	23

