

Dear Unity School Parents,

Thank you for your partnership in creating a safe and healthy environment for our students and staff. Please review the following guidelines to help us maintain wellness at Unity School.

If your child is ill, please keep them home and notify the school nurse or front office. If symptoms appear at school, the nurse will assess your child and contact you for immediate pickup if necessary.

**Symptoms Requiring Your Child to Stay Home:**

- Fever > 100°F (ear)
- Nausea, vomiting, or diarrhea
- Sore throat
- Loss of taste or smell
- Persistent cough or copious nasal drainage
- Chills, aches, or general malaise
- Rash
- Blisters on hands, feet, or mouth

**Your child may return to school when:**

- Fever-free for 24 hours without medication
- No vomiting or diarrhea for 24 hours
- No sore throat, chills, aches, or malaise
- Sense of smell and taste has returned
- Rashes or blisters have resolved or scabbed over
- No persistent cough or copious nasal drainage
- Your child has enough energy for a productive day

**Additional Notes:**

- If prescribed antibiotics, treatment must be initiated for 24 hours before returning.
- A doctor's note may be required for return.
- Children who are absent or sent home may not attend after-school activities (such as sports, concerts, or enrichment programs).

**Reporting Illness:**

Please report any symptoms to the school nurse to help us track illnesses and inform the community.

Thank you for your cooperation and commitment to the health of our Unity School community!

## Quick Reference Table

Symptom	Stay Home?	Return Criteria
Fever >100°F	Yes	24 hrs fever-free, no meds
Vomiting/Diarrhea	Yes	24 hrs symptom-free
Sore throat, chills, aches, malaise	Yes	Symptom-free
Loss of taste/smell	Yes	Sense returned
Persistent cough/nasal drainage	Yes	Symptom-free
Rash/blisters	Yes	Resolved or scabbed over