



Dear Parents and Students,

Welcome to the 2025–2026 school year!

Each day, a freshly prepared lunch is available in the cafeteria for students in grades K–8 and served in the classroom for our preschoolers. Students may choose from a main entrée, a specialty salad, or a sandwich option (peanut butter, peanut butter and jelly, cheese sandwich, or veggie burger). Lunch also includes appropriate side dishes such as fresh vegetables, fresh fruit, an occasional treat, and access to our Hydration Station, which offers infused water and low-fat milk daily. Pizza slices are offered every Wednesday, provided by Uptown Pizza in Delray Beach. Special event menus will also be featured throughout the year.

Our menus are designed to be both kid-friendly and nutritionally balanced, encouraging students to explore healthy new foods each day. Meals are prepared from scratch using wholesome cooking methods and include organically grown vegetables and herbs harvested from our campus gardens. The current menu is available on the school's website under [Unity School Lunch Menu](#) and through the Unity **School app**. Each morning, students place their lunch orders upon arrival in the classroom.

At Unity School, we encourage plain water and low-fat milk as the preferred beverage choices for both lunch and snacks. Beverages with added sugars or caffeine—including juice, soda, and flavored waters—are not allowed.

Lunch is priced at \$6.25 per day. A super-sized meal with larger portions is available for an additional \$2.25. Hydration Station access or low-fat milk is available separately for \$0.75. Lunch orders are billed monthly.

Unity School follows a Wellness Policy that promotes balanced nutrition in bag lunches, classroom snacks, and food served at school events. Candy, chocolate, items with red or blue food dye, and food sharing between students are not permitted. We encourage all families to review the full policy, available on the School website under [Unity School Food Service Policy](#).

If you have any questions, suggestions, or concerns, please don't hesitate to reach out. Thank you for your ongoing support and partnership.

Warm regards,

LaToya Millerden
Food Service Manager