

UNITY SCHOOL ORIENTATION

This list was thoughtfully created by our preschool teachers to help ensure a smooth and successful start to the school year. Over the summer, your child can begin practicing the skills below to build confidence and ease the transition into the classroom.

Communication & Social Skills

- **Verbally express wants, needs, and feelings** (e.g., “I’m hungry,” “I need help,” “I want to play”).
- Begin to **ask for help** when needed and **respond to simple questions**.

Toileting Independence

- Be **fully potty trained**, including:
 - Recognizing the need to use the bathroom and communicating it.
 - Pulling down and pulling up pants and underwear independently.
 - Managing toileting routines with minimal assistance, including handwashing.

Self-Care & Practical Life Skills

- **Open and close their lunch box and water bottle** independently.
- **Open common food containers** and packages packed in lunch (practice with yogurt tops, snack bags, or simple containers).
- **Use utensils** (fork and spoon) confidently to eat meals on their own.
- **Dress in manageable clothing** (elastic waistbands are ideal for independent toileting).
- **Put on and take off shoes** with minimal help (Velcro or slip-on styles are best).

Following Directions & Classroom Readiness

- **Follow two-step directions** (e.g., “Please put your shoes on and bring me your water bottle”).
- Begin to understand and follow **classroom routines** such as waiting their turn, sitting for short group activities, and cleaning up after themselves.

Rest & Sleep Readiness

- **Sleep independently** during nap time, with minimal support from teachers (bring comfort items if needed such as a small blanket or stuffed animal).
- **Adjust nap schedule** close to the beginning of the school year to align with Unity’s schedule:
Nap time: 12:00 – 1:30 p.m.

Helpful Tips for Summer Preparation:

- Encourage **daily opportunities for independence** at home (pouring water, helping set the table, dressing).
- **Read together daily**, allowing your child to engage with books, ask questions, and develop a love for language.
- Practice **independent play** and explore simple tasks that promote focus and concentration (puzzles, sorting objects, practical life activities).

Our goal is to help each child feel confident, capable, and ready to thrive in the Orientation classroom. These skills provide a strong foundation for your child’s Montessori journey and foster their natural desire to explore and learn.

June 2026

IF YOUR CHILD ENJOYS A TASK, LET THEM REPEAT IT AS MANY TIMES AS THEY WOULD LIKE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 Use small pitchers or cups with water, rice, or beans to pour from one container to another.</p>	<p>2 Sort objects around the house by color.</p>	<p>3 Use the number cards provided to practice identifying the number on the card. Start with 1-5 and move onto 6-10 when your child is ready.</p>	<p>4 Go to the library and choose books that interest your child. Have one parent choice to introduce them to something new.</p>	<p>5 Practice cutting a straight line. You can print cutting pages of just draw straight lines on a page.</p>
<p>8 Practice transferring small objects (like beans or pom-poms) from one bowl to another using a spoon.</p>	<p>9 Find various objects around the home that have different textures. Have your child close their eyes or put the objects in a bag so your child can't see them. Have your child feel the different objects and describe their texture.</p>	<p>10 Use the number cards provided to practice identifying the number on the card. Start with 1-5 and move onto 6-10 when your child is ready.</p>	<p>11 Read the books from the library. We encourage students having a book read to them daily.</p>	<p>12 Practice cutting a straight line. You can print pages of just draw straight lines on a page.</p>
<p>15 Practice buttoning, zipping, or using Velcro on clothes</p>	<p>16 Have your child close their eyes and have them smell different items such as lemons or spices. See if they can identify the item..</p>	<p>17 Use the number cards provided to practice identifying the number on the card. Start with 1-5 and move onto 6-10 when your child is ready.</p>	<p>18 Introduce what the letter t looks like and what sound it has. Remember the sound is not "ta"</p>	<p>19 Practice cutting something round, it could be something drawn, a coloring page, or something you print.</p>
<p>22 Help prepare lunch today which includes pouring your drink of choice into a cup.</p>	<p>23 Gather different items that make noise. Have your child close their eyes, make noise with an object and have your child describe what they hear and guess what item it is.</p>	<p>24 Use the number cards provided to practice identifying the number on the card. Start with 1-5 and move onto 6-10 when your child is ready.</p>	<p>25 Review the letter "t", go on a scavenger hunt to find objects that begin with the "t" sound.</p>	<p>26 Practice cutting something round, it could be something drawn, a coloring page, or something you print.</p>
<p>29 Practice buttoning, zipping, or using Velcro on clothes</p>	<p>30 Find objects around your home that are your favorite color</p>			



July 2026

IF YOUR CHILD ENJOYS A TASK, LET THEM REPEAT IT AS MANY TIMES AS THEY WOULD LIKE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

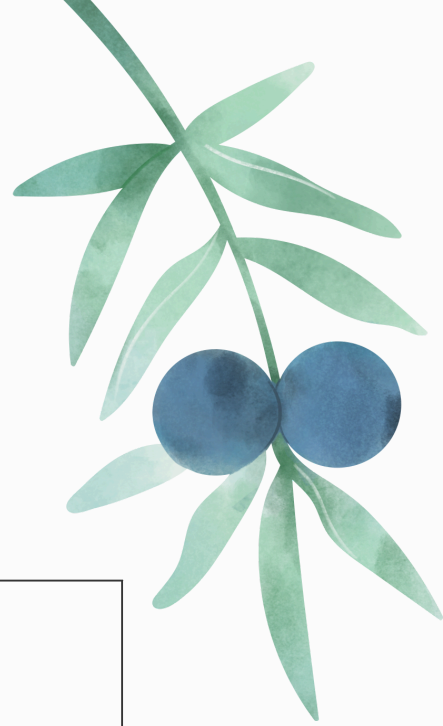
FRIDAY

		<p>1 Take a nature walk to explore colors, senses, and textures.</p>	<p>2 Using number cards spread them around on the floor. Tell your child to run to get number 1, or skip to get number 2, etc.</p>	<p>3 Create a pattern today using anything around the house, have your child copy the pattern.</p>
<p>6 Use glue sticks and paper to make collages from magazine cut-outs or nature items.</p>	<p>7 Help clean up after lunch which includes washing any dishes or cups.</p>	<p>8 Use blocks or objects to arrange from largest to smallest.</p>	<p>9 Using number number cards, spread them around on the floor. Tell your child to run to get number 1, or skip to get number 2, etc.</p>	<p>10 Create a pattern today using anything around the house, have your child copy the pattern.</p>
<p>13 Use watercolors or finger paints to explore color mixing (e.g., red + blue = purple).</p>	<p>14 Help clean your room</p>	<p>15 Go on a color scavenger hunt. Today's color is red.</p>	<p>16 Place number cards 1-5 in order and count out the correct number of small objects under each.</p>	<p>17 Visit the library again to choose new books, remember to have one parent choice.</p>
<p>20 Practice cutting, if ready draw lines on a paper and have your child cut the lines.</p>	<p>21 Help hang or put away clothes</p>	<p>22 Go on a color scavenger hunt. Today's color is green.</p>	<p>23 Place number cards 1-5 in order and count out the correct number of small objects under each.</p>	<p>24 Read the books from the library.</p>
<p>27 Draw a picture or print a color page to color.</p>	<p>28 Help cut your favorite fruit or veggie today using kid friendly tools.</p>	<p>29 Go on a color scavenger hunt. Today's color is blue.</p>	<p>30 Go on a number scavenger hunt. Tell your child to find 5 flowers and count them or 6 cars etc.</p>	<p>31 Review the letter "t" and introduce the letter "m", remember the sound is not "ma"</p>



August 2026

IF YOUR CHILD ENJOYS A TASK, LET THEM REPEAT
IT AS MANY TIMES AS THEY WOULD LIKE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Create a bracelet or necklace using beads. Bonus: create a pattern with the beads.	4 Help clean windows or mirrors today.	5 Go on a color scavenger hunt. Today's color is yellow.	6 Go on a number scavenger hunt. Tell your child to find 5 flowers and count them or 6 cars etc.	7 Review the letter "m"
10 Collect leaves off the ground, place them under a piece of paper, and rub a crayon of the leaf to create a leaf rubbing.	11 Give your child one of your shirts with buttons and have them practice buttoning and unbuttoning it.	12 Go on a nature scavenger hunt, find different things in nature then classify by color.	13 Review numbers using the number cards.	14 Go on a hunt to find objects that begin with the letter "m"
17 Collect items from nature such as leaves, sticks, flower, etc and create a nature collage.	18 Student Orientation Day	19 First Day of School!		



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