

UNITY SCHOOL Pre-K

This list was thoughtfully created by our preschool teachers to help ensure a smooth and successful start to the school year. Over the summer, your child can begin practicing the skills below to build confidence and ease the transition into the classroom.

Year 1 Preschool Students

Social & Emotional Skills:

- **Basic self-regulation:** Ability to follow simple instructions, stay focused, and manage emotions.
- **Sharing and taking turns:** Understanding the concept of sharing and interacting with peers respectfully.
- **Independent play:** Ability to engage in play without adult intervention.
- **Separation from parents:** Comfort with being away from primary caregivers for a period of time.

Basic Motor Skills:

- **Fine motor skills:** Ability to hold a pencil or crayon, use scissors, stack blocks, and manipulate small objects.
- **Gross motor skills:** Walking, running, jumping, and balancing with ease.
- **Self-care tasks:** Ability to wash hands, use the bathroom independently, and manage simple tasks like putting on shoes.

Language Skills:

- **Basic vocabulary:** Knowledge of common objects, animals, and actions.
- **Listening skills:** Ability to sit and listen during a story or instructions.
- **Expressing needs:** Ability to express basic wants and needs verbally (e.g., “I’m hungry,” “I need help”).

Cognitive Skills:

- **Simple problem-solving:** Ability to attempt solutions to basic problems (e.g., fitting shapes into a shape sorter).
- **Recognizing letters or numbers:** Familiarity with a few letters or numbers, though not essential for Montessori, a basic understanding helps.
- **Basic shapes and colors:** Understanding of primary colors and simple shapes (circle, square, triangle).

UNITY SCHOOL Pre-A/B

This list was thoughtfully created by our preschool teachers to help ensure a smooth and successful start to the school year. Over the summer, your child can begin practicing the skills below to build confidence and ease the transition into the classroom.

Year 2 Preschool Students

Social & Emotional Skills:

- **Increased independence:** Able to follow classroom routines with minimal assistance.
- **Cooperative play:** Can engage in cooperative, interactive play with peers and share materials.
- **Conflict resolution:** Beginning to understand how to resolve disagreements with peers independently (e.g., using words to express feelings).
- **Respect for others:** Understanding personal space, speaking kindly, and waiting their turn.

Motor Skills:

- **Fine motor skills:** Improved control over writing utensils, scissors, and other small tools for arts and crafts.
- **Gross motor skills:** Confidence in physical activities like running, jumping, balancing, and climbing.
- **Self-care:** Independent with tasks like dressing, using the bathroom, and washing hands.

Language Skills:

- **Expanded vocabulary:** A growing vocabulary, able to express themselves clearly and more fully.
- **Following multi-step instructions:** Can follow a series of 2-3 instructions (e.g., "Please get your coat, put it on, and hang up your bag").
- **Storytelling:** Can retell simple stories or describe events in order with clear sequencing.
- **Phonemic awareness:** Awareness of sounds in words, recognizing rhyming, and potentially beginning to recognize letter sounds.
- **Early literacy:** May know a few sight words and recognize most of the alphabet in both uppercase and lowercase.

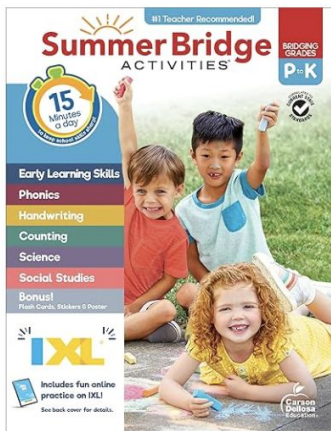
Cognitive Skills:

- **Number sense:** Can count to at least 20, recognize numbers, and may understand one-to-one correspondence (matching objects to numbers).
- **Sorting and classifying:** Can sort objects by shape, color, size, or other attributes.
- **Basic problem-solving:** Can attempt to solve simple puzzles or tasks independently (like figuring out how to assemble a toy or complete a task).
- **Simple addition and subtraction:** May understand the basic concept of adding and subtracting small numbers with visual aids.

BOOK LIST

Over the summer, we strongly encourage you to visit your local library and explore a variety of books with your child. Allow your child to select books that spark their interest or discover a series they enjoy. Each visit, consider adding a parent-selected book to introduce them to something new they might not have chosen on their own.

Below are a few additional suggestions to support summer reading:



About Summer Bridge Activities® (Amazon)

Summer Bridge Activities research-supported products build a bridge of learning opportunities from school to home and back again! Daily activities engage children in a variety of quick, 15-minute active learning adventures that just might be their favorite time of the day.

The Summer Learning PreK to Kindergarten Workbook Contains:

- 60+ days worth of activities with monthly goals and progress charts
- Flash cards, stickers, poster, and free eBooks
- BONUS online practice with IXL Learning

Decodable Books

These books use controlled vocabulary and phonics patterns children have learned.

- **UFLI Foundations Decodable Readers** – Pairs perfectly with phonics instruction. (Available online for free)
- **Flyleaf Emergent Readers** – Beautifully illustrated with carefully controlled text.
- **Dog on a Log Books** (by Pamela Brookes) – Great for building decoding confidence with sequential phonics skills.
- **First Little Readers (level A)** – (by Deborah Schecter and others) – A series of short, engaging stories designed for emergent readers. These books use simple sentences, basic sight words, and predictable patterns to build early reading confidence.

June 2026

IF YOUR CHILD ENJOYS A TASK, LET THEM REPEAT IT AS MANY TIMES AS THEY WOULD LIKE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 Introduce pattern matching. Using snacks or any other objects around the house make a pattern. Have your child match the pattern</p>	<p>2 Help prepare lunch today which includes pouring your drink of choice into a cup.</p>	<p>3 Count as many snacks or objects around the house as you can.</p>	<p>4 Go on a color scavenger hunt. Today's color is red.</p>	<p>5 Practice cutting a straight line. You can print cutting pages of just draw straight lines on a page.</p>
<p>8 Review pattern matching. if your child is already able to do this, have them create their own pattern and repeat the pattern 4 more times.</p>	<p>9 Help clean up after lunch which includes washing any dishes or cups.</p>	<p>10 Using number flashcards provided review identifying numbers to 5. If your child already knows numbers to 5, review to 10.</p>	<p>11 Go on a color scavenger hunt. Today's color is green.</p>	<p>12 Practice cutting a straight line. You can print pages of just draw straight lines on a page.</p>
<p>15 Continue practicing making your own patterns.</p>	<p>16 Help cut your favorite fruit or veggie today using toddler friendly tools.</p>	<p>17 Using number flashcards, spread them around on the floor. Tell your child to run to get number 1, or skip to get number 2, etc.</p>	<p>18 Go on a color scavenger hunt. Today's color is blue.</p>	<p>19 Practice cutting something round, it could be something drawn, a coloring page, or something you print.</p>
<p>22 Continue practicing making your own pattern.</p>	<p>23 Help clean windows or mirrors today.</p>	<p>24 Using number flashcards, spread them around on the floor. Tell your child to run to get number 1, or skip to get number 2, etc.</p>	<p>25 Go on a color scavenger hunt. Today's color is yellow.</p>	<p>26 Practice cutting something round, it could be something drawn, a coloring page, or something you print.</p>
<p>29 Have a parent make a pattern and the child will copy the pattern</p>	<p>30 Pour water from a small pitcher without spilling</p>			



July 2026

IF YOUR CHILD ENJOYS A TASK, LET THEM REPEAT IT AS MANY TIMES AS THEY WOULD LIKE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

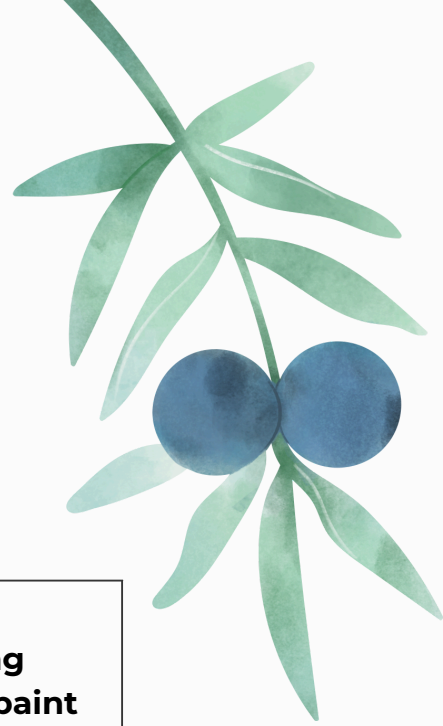
FRIDAY

		<p>1 Go into the kitchen and explore different objects used to cook or prepare food.</p>	<p>2 Help hang/put away clothes.</p>	<p>3 Play hide and seek with the number flashcards. You can hide the flashcards and as your child finds the number, ask what number it is.</p>
<p>6 Cut apart the letter flashcard. Cover the letter with glue and use glitter or sand to add texture to the letter. Let dry.</p>	<p>7 Using the letter flashcards you made, introduce the sound for "t" and "m". Trace the letters and say the sound two times, then have your child do the same three times. If they have already mastered those sounds move onto sounds they have not mastered.</p>	<p>8 Help clean up your room</p>	<p>9 Practice writing numbers today using the number writing sheet. Only practice a couple.</p>	<p>10 Find various objects around the home that have different textures. Have your child close their eyes or put the objects in a bag so your child can't see them. Have your child feel the different objects and describe their texture.</p>
<p>13 Find objects that are different sizes and have your child put them in order or smallest or largest.</p>	<p>14 Using the letter flashcards you made, introduce the sound for "t" and "m". Trace the letters and say the sound two times, then have your child do the same three times. If they have already mastered those sounds move onto sounds they have not mastered.</p>	<p>15 Help prepare breakfast</p>	<p>16 Continue practicing writing numbers using the number writing sheet.</p>	<p>17 Have your child close their eyes and have them smell different items such as lemons or spices. See if they can identify the item.</p>
<p>20 Draw a triangle, decorate it, and cut it out.</p>	<p>21 Review all sounds introduced. Add a new sound if your child is ready.</p>	<p>22 Practice pouring water from one container to another</p>	<p>23 Try writing numbers all by yourself on a piece of paper.</p>	<p>24 Gather different items that make noise. Have your child close their eyes, make noise with an object and have your child describe what they hear and guess what item it is.</p>
<p>27 Draw a picture square, decorate it, and cut it out.</p>	<p>28 Go on a letter sound scavenger hunt for objects that begin with "tmbca"</p>	<p>29 Practice scooping beads or any other small object with a spoon.</p>	<p>30 Try writing numbers all by yourself on a piece of paper.</p>	<p>31 Go into the kitchen and explore different objects used to cook or prepare food</p>



August 2026

IF YOUR CHILD ENJOYS A TASK, LET THEM REPEAT IT AS MANY TIMES AS THEY WOULD LIKE



MONDAY

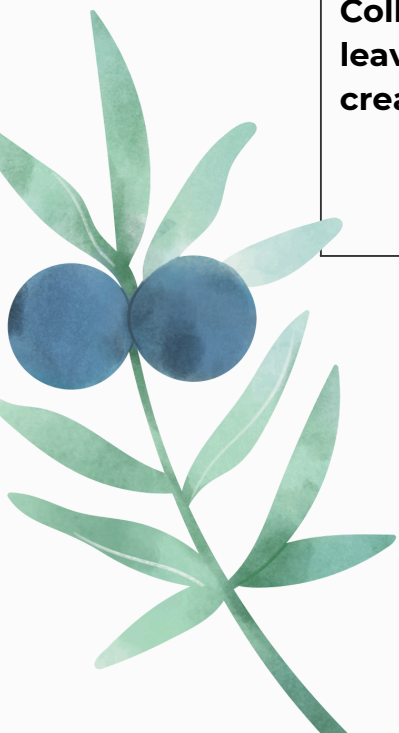
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Create a bracelet or necklace using beads. Bonus: create a pattern with the beads.</p>	<p>4 Review letter sounds for “tmbca”, if your child has mastered them introduce the sounds for “h” abd “g” using the flashcards you made.</p>	<p>5 Give your child one of your shirts with buttons and have them practice buttoning and unbuttoning it.</p>	<p>6 Using number flashcards and small household items like beads, arrange the flashcards in numerical order. Then, have your child place the corresponding number of beads or objects beneath each card.</p>	<p>7 Let your child explore art using their senses. They can finger paint or play with slime, etc.</p>
<p>10 Collect leaves off the ground, place them under a piece of paper, and rub a crayon of the leaf to create a leaf rubbing.</p>	<p>11 Review the letter sounds for “tmbca” and “hg”. Introduce the sound for “r” and “f” if your child is ready.</p>	<p>12 Using a clothing item with a zipper have your child practice zipping and unzipping the item.</p>	<p>13 Review numbers using the flashcards.</p>	<p>14 Take a nature walk to explore colors, senses, and textures.</p>
<p>17 Collect items from nature such as leaves, sticks, flower, etc and create a nature collage.</p>	<p>18 Student Orientaiton Day</p>	<p>19 First Day of School!</p>		



I Can Write My Letters!

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

A

B

C

D

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Name:

I Can Write My Letters!

a b c d e f g h i j k l m n o p q r s t u v w x y z

a

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Name:

I Can Write My Numbers!

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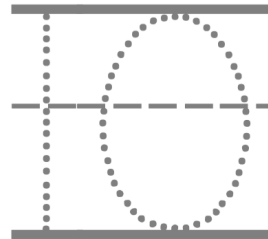
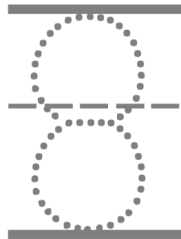
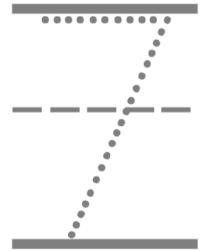
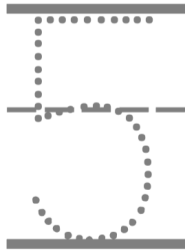
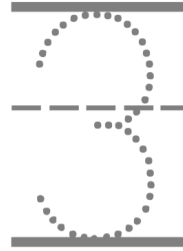
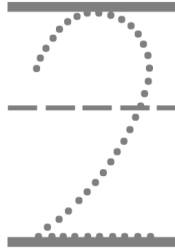
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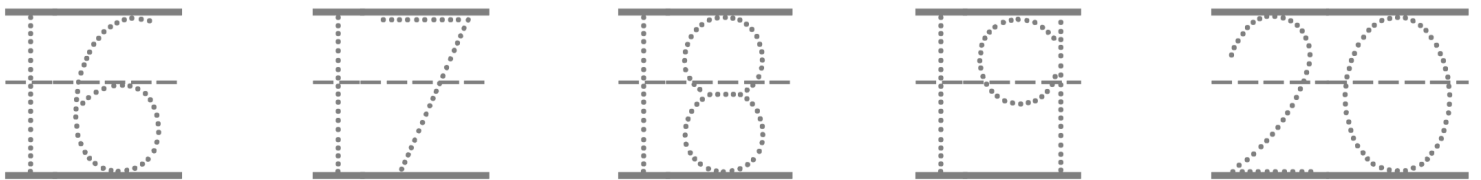
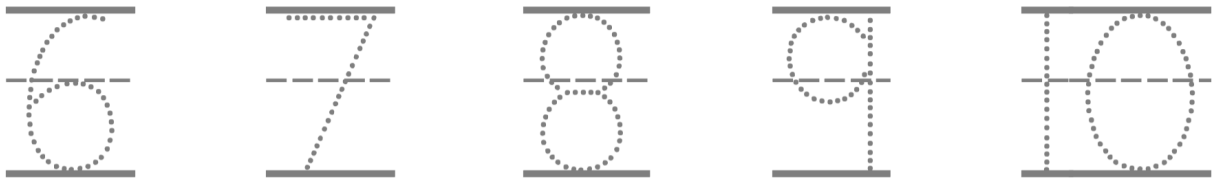
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Name:

I Can Write My Numbers!

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
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Name:

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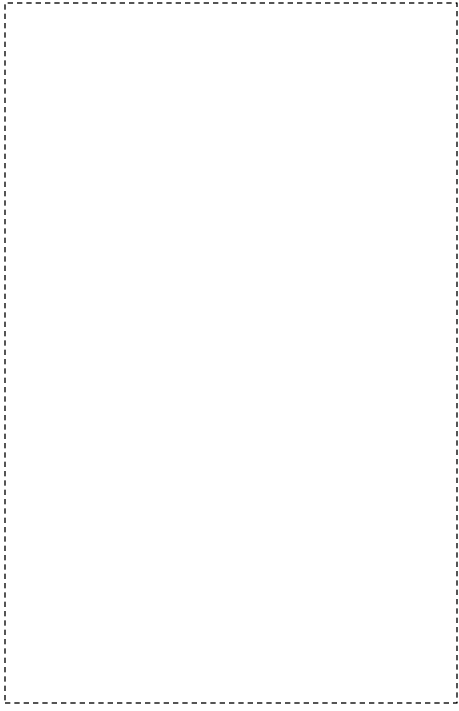
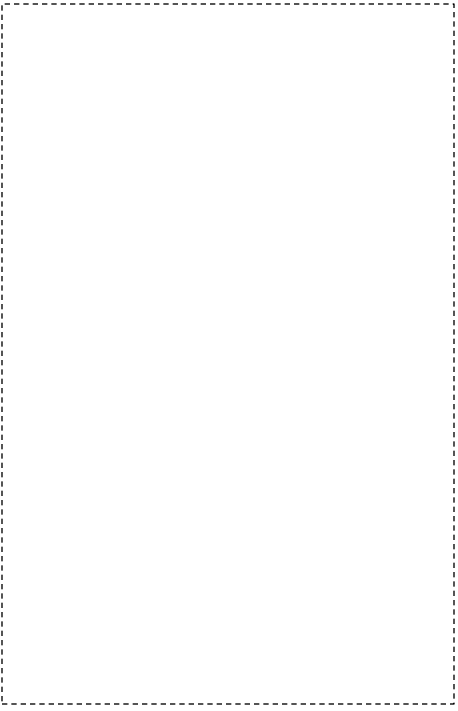
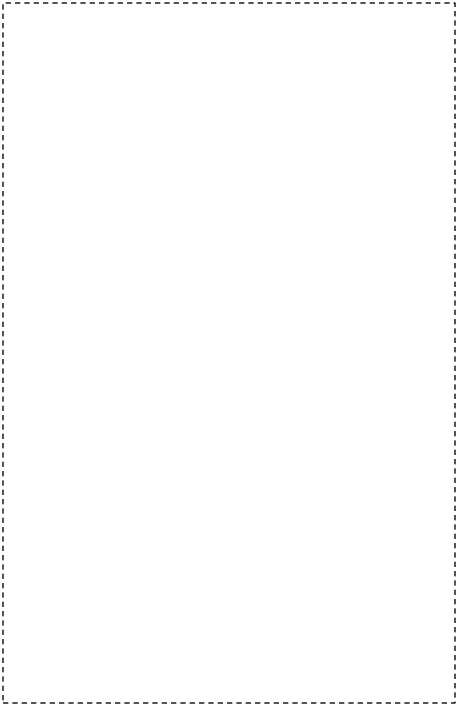
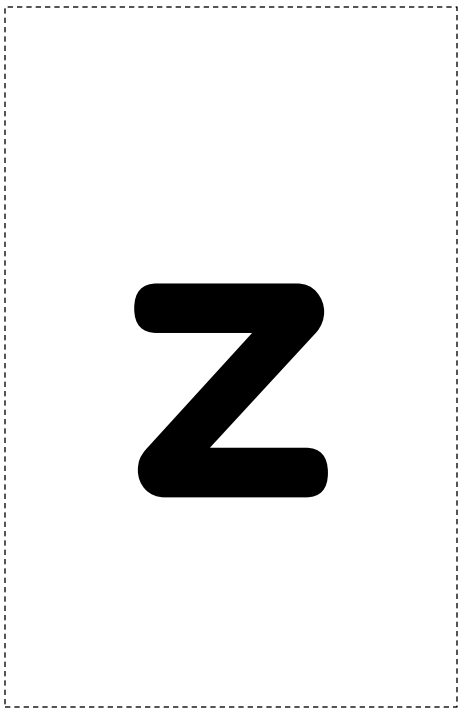
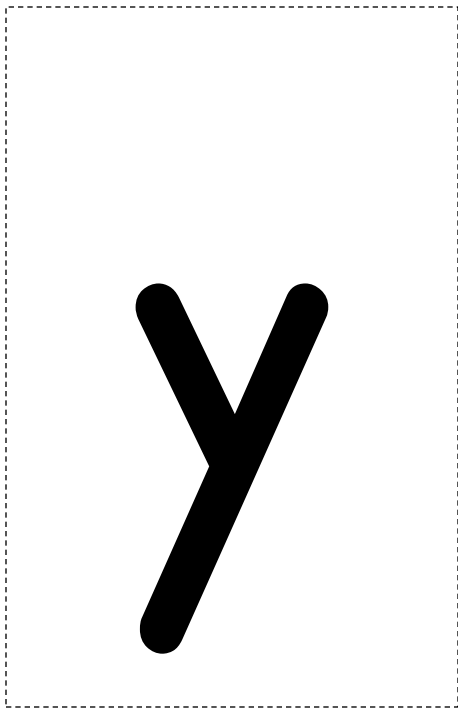
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