

# UNITY SCHOOL TODDLER

This list was thoughtfully created by our toddler teachers to help ensure a smooth and successful start to the school year. Over the summer, your child can begin practicing the skills below to build confidence and ease the transition into the classroom.

## Self-Care & Independence

- Pulling pants up and down independently (important for potty training)
- Washing hands properly
- Drying hands thoroughly
- Using a spoon to eat independently
- Drinking from an open cup without a lid
- Attempting to dress with simple clothing (Velcro, elastic waistbands)
- Wiping nose with a tissue
- Covering mouth when sneezing/coughing
- Asking for help when needed

## Grace & Courtesy (Social Skills)

- Greeting others with “Hello” and “Goodbye”
- Saying “Please” and “Thank you.”
- Waiting their turn and standing in line briefly
- Using “Excuse me” to get attention
- Practicing indoor voices
- Using walking feet indoors

## Fine & Gross Motor Skills

- Practicing basic puzzles
- Holding and turning book pages, one at a time
- Stacking blocks or simple shape-sorting activities
- Practicing simple movements like jumping and climbing stairs with assistance.

## Language Development

- Identifying everyday objects and naming them
- Engaging in conversations with adults and peers
- Listening to simple directions and following through

## Practical Life Skills

- Helping to clean up toys after playing
- Carrying small objects with both hands carefully
- Attempting to pour snacks into a bowl

## Suggestions for Parents

- Read books together daily, asking simple questions about pictures
- Encourage pretend play with dolls, toy food, or simple kitchen tasks
- Provide opportunities for outdoor exploration, such as looking for animals or touching different textures (grass, sand, water)
- Play simple matching and sorting games at home
- Give opportunities for their child to do things independently before stepping in to help.

# June 2026

IF YOUR CHILD ENJOYS A TASK, LET THEM REPEAT  
IT AS MANY TIMES AS THEY WOULD LIKE

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<b>1</b> Take a walk around the house and see what shapes you can find, talk about the shapes and their name.	<b>2</b> Help prepare lunch today which includes pouring your drink of choice into a cup.	<b>3</b> Work with puzzles	<b>4</b> Go on a color scavenger hunt. Today's color is red.	<b>5</b> Try putting on your own socks today.
<b>8</b> Find things that are rectangle shaped around the house	<b>9</b> Help clean up after lunch which includes washing any dishes or cups.	<b>10</b> Use large crayons to make a picture	<b>11</b> Go on a color scavenger hunt. Today's color is green.	<b>12</b> Try taking off your own bottoms.
<b>15</b> Find things that are circle shaped around the house	<b>16</b> Help cut your favorite fruit or veggie today using toddler friendly tools.	<b>17</b> Stack blocks	<b>18</b> Go on a color scavenger hunt. Today's color is blue.	<b>19</b> Try putting on your own shirt today
<b>22</b> Find things that are triangle shaped around the house	<b>23</b> Carry a cup to the table for lunch using two hands	<b>24</b> Put objects in containers	<b>25</b> Go on a color scavenger hunt. Today's color is pink.	<b>26</b> Try putting on your own shoes.
<b>29</b> Practice taking off your own shoes	<b>30</b> Help clean windows or mirrors today.			

# July 2026

IF YOUR CHILD ENJOYS A TASK, LET THEM REPEAT IT AS MANY TIMES AS THEY WOULD LIKE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

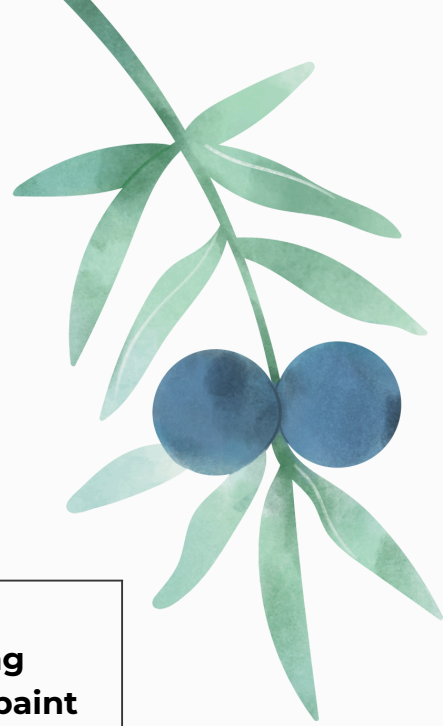
FRIDAY

		<p><b>1</b> Walk on a line (use tape or the edge of the rug)</p>	<p><b>2</b> Help dust</p>	<p><b>3</b> Find objects that are different sizes and have your child put them in order from smallest to largest.</p>
<p><b>6</b> Practice washing hands (turn on/off water, soap, and dry)</p>	<p><b>7</b> Help wash a car or any other object that requires washing</p>	<p><b>8</b> Practice stepping over small objects</p>	<p><b>9</b> Help water plants in the yard.</p>	<p><b>10</b> Find various objects around the home that have different textures. Have your child close their eyes or put the objects in a bag so your child can't see them. Have your child feel the different objects and describe their texture.</p>
<p><b>13</b> Practice brushing teeth (with help)</p>	<p><b>14</b> Help wash fruits or vegetables.</p>	<p><b>15</b> Climb stairs or go to a park to practice climbing.</p>	<p><b>16</b> Help clean up your room</p>	<p><b>17</b> Have your child close their eyes and have them smell different items such as lemons or spices. See if they can identify the item.</p>
<p><b>20</b> Practice taking off socks</p>	<p><b>21</b> Practice putting on and taking off your socks</p>	<p><b>22</b> Practice the motion of pushing and pulling</p>	<p><b>23</b> Practice retrieving things and bringing them to a friend or parent "Can you please go get me___"</p>	<p><b>24</b> Gather different items that make noise. Have your child close their eyes, make noise with an object and have your child describe what they hear and guess what item it is.</p>
<p><b>27</b> Pick out your own outfit and get dressed</p>	<p><b>28</b> Color a picture</p>	<p><b>29</b> Practice carrying objects while walking</p>	<p><b>30</b> Practice scooping beads or any other small objects with a spoon.</p>	<p><b>31</b> Today go into the kitchen and explore different objects used to cook or prepare food</p>



# August 2026

IF YOUR CHILD ENJOYS A TASK, LET THEM REPEAT  
IT AS MANY TIMES AS THEY WOULD LIKE



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<b>3</b> Help go through your toys to determine what you no longer play with.	<b>4</b> Listen to a book read by an adult.	<b>5</b> Give your child one of your shirts with buttons and have them practice buttoning and unbuttoning it.	<b>6</b> Hide toys around the house and ask your child to find a specific toy.	<b>7</b> Let your child explore art using their senses. They can finger paint or play with slime, etc.
<b>10</b> Collect leaves off the ground, place them under a piece of paper, and rub a crayon of the leaf to create a leaf rubbing.	<b>11</b> Have your child tell you about their day.	<b>12</b> Using a clothing item with a zipper have your child practice zipping and unzipping the item.	<b>13</b> Listen to a book read by an adult	<b>14</b> Take a nature walk to explore colors, senses, and textures.
<b>17</b> Collect items from nature such as leaves, sticks, flower, etc and create a nature collage.	<b>18</b> Student Orientation Dy	<b>19</b> School Begins!		

